

Personal, Social and Emotional Development (P.S.E.D) Skills Progression in Little Explorers Pre-school

Observational checkpoint:

Between the ages of 2 and 3, does the child start to enjoy the company of other children and want to play with them? **Note:** watch out for children who get extremely upset by certain sounds, smells or tastes, and cannot be calmed or children who seem worried, sad or angry for much of the time. You will need to work closely with parents and other agencies to find out more about these developmental difficulties.

Between the ages of 2 and 3, does the child start to enjoy the company of other children and want to play with them?

Around the age of 3, can the child sometimes manage to share or take turns with others, with adult guidance and understanding 'yours' and 'mine'?
Can the child settle to some activities for a while?

	Autumn Term	Spring Term	Summer Term
Self-Regulation	1.1. Show more confidence in new social situations. 1.2. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.	2.1. Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. 2.2. Understanding gradually how others might feel.	3.1. Develop appropriate ways to be assertive. 3.2. Talk with others to solve conflicts.
Managing Self	1.1. Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested for them.	2.1. Increasingly follow rules, understanding why they are important.	3.1. Remember rules without needing an adult to remind them.
Building Relationships	1.1. Become more outgoing with unfamiliar people, in the safe context of their setting.	2.1. Develop their sense of responsibility and membership of a community.	3.1. Play with one or more other children, extending and elaborating play ideas.
Health and Self-Care		2.1. Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.	3.1. Be increasingly independent in meeting their own care needs. E.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. 3.2. Make healthy choices about food, drink, activity and tooth brushing.